



# VIRTUAL STROKE CLUB

**Open to ALL stroke survivors, family, caregivers, and the public!**

To help lay the foundation for recovery and transition into life after a stroke. Members of the UW Medicine stroke care team will be available to answer questions and review educational topics.

- Connect with other survivors
- Social and community resources
- Life after a stroke

## 2025 DATES

Tuesday, January 14th  
 Tuesday, February 11th  
 Tuesday, March 11th  
 Tuesday, April 8th  
 Tuesday, May 13th  
 Tuesday, June 10th  
 Tuesday, July 8th  
 Tuesday, August 12th  
 Tuesday, September 9th  
 Tuesday, October 14th  
 Tuesday, November 18th\*  
 Tuesday, December 9th

## TIME

6pm  
 12pm  
 6pm  
 12pm  
 6pm  
 12pm  
 6pm  
 12pm  
 6pm  
 12pm  
 6pm  
 12pm

## MEETING DETAILS

No registration needed.

**Type this Zoom link into your internet browser:**

<https://tinyurl.com/uwstrokeclub>

**Or call into this phone number:**

1-253-215-8782

**Zoom Meeting ID: 778 829 3310**

\*November's meeting pushed to the following week due to Veterans Day.



206.744.3975



stroke@uw.edu

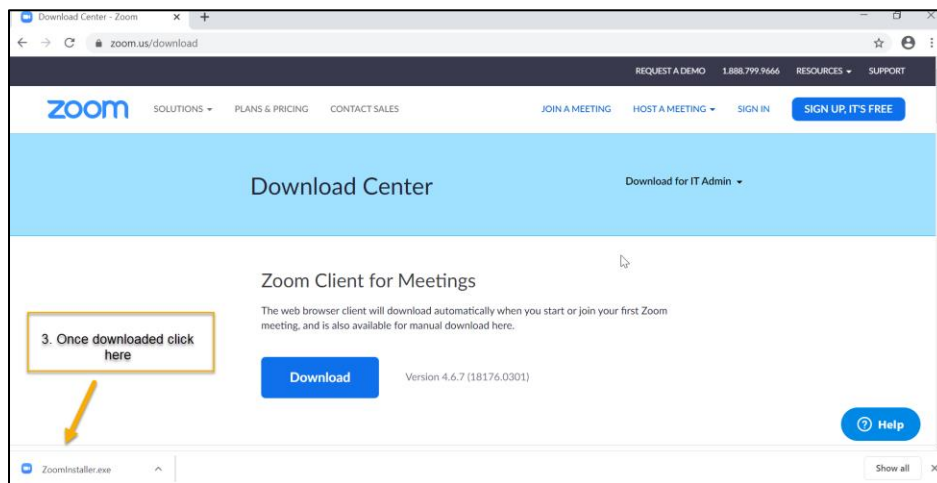
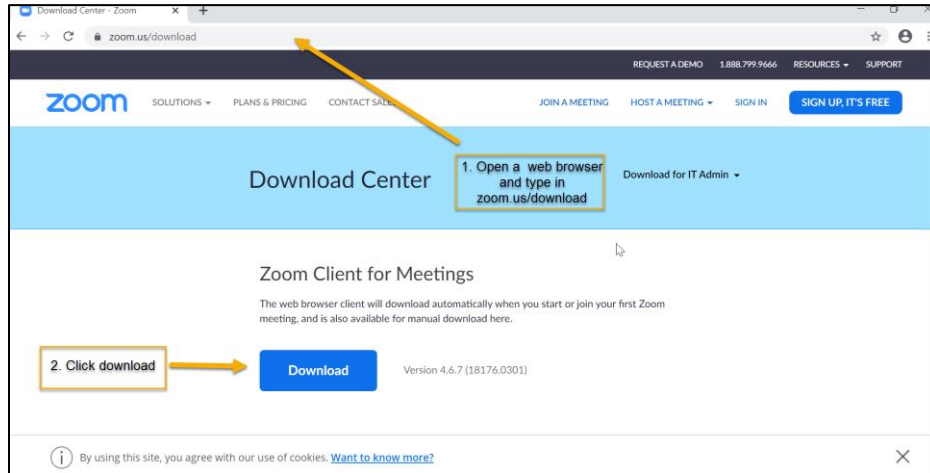


SCAN ME



## Downloading Zoom

- ❖ Follow the same process for Computer or Phone
- ❖ You can also download the app directly on your phone through your app store



- ❖ There will be other options. Please select **Zoom Client for Meetings**

